



# King's Oak Primary School

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Headteacher: Mr Morley-Smith

Deputy Headteacher: Mrs McStraw

Visit our website: [www.kingsoakprimary.co.uk](http://www.kingsoakprimary.co.uk)

## Friday 15th September

Dear Parents and Carers,

I hope you are all well. Thank you for your support with the ongoing building works and changes to expectations around snacks, drinks and packed lunches in school. I know there have been a few questions about this so I am updating the information shared to clarify things in a bit more detail.

**Break time drink and snacks.** All children are encouraged to bring in a healthy break time snack which must be a piece of fruit or vegetable which encourages healthy eating. A piece of fruit is provided for children from Reception to Year 2. Please note that unhealthy snack items such as crisps, cereal bars and chocolate are not appropriate and children will not be allowed them at break time.

**Drinks in School.** We ask that in class, children drink only water. Children will be able to refill their water bottles throughout the day. During lunch, children have water or milk available for them to drink.

**Packed lunches.** These should be brought in in a suitable unbreakable container marked with your child's name and class. They should include some or all of the following items:

- Sandwich or wrap.
- Fruit
- Vegetables
- Yogurt
- Cheese
- Fruit loaf

To ensure balance children will be allowed to add a single 'treat' item to the above. This could be one of the following:

- A small packet of crisps
- A lunch pack of biscuits (or two biscuits from a larger pack)
- A cereal bar
- A single chocolate biscuit (or example a penguin, club, etc)

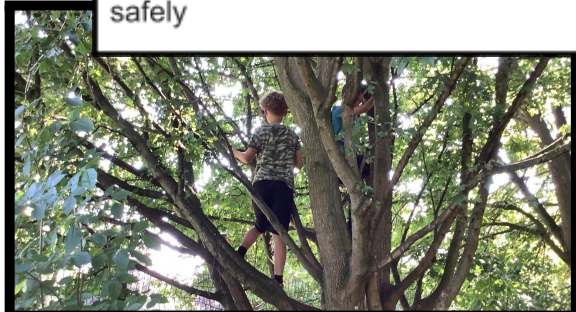
**We do not allow nut products or spreads, chewing gum or caffeine-based energy drinks in school at any time, this includes in packed lunches.**

If staff feel that the contents of a child's lunch is unsuitable they will speak to parents at the end of the day on the first occasion. If, after this conversation, the lunch contents remain unsuitable then staff will collect up any unsuitable items and return to parents at the end of the day.

If you need support with ideas on what to include in a packed lunch please speak to a member of the inclusion team.

## Snapshots:

Nursery children are loving the wheeled toys and the children are back in the forest school learning to climb trees safely



In science, year five started off their science topic completing an experiment that showed us the effects of gravity!

### **Important Dates:**

**25.09.23** - Phonics meeting for parents 9:00-9:45 am and again between 2:15 pm and 3pm

**12.10.23** - Athletics in school day for children in KS1

**14.11.23 to 16.11.23** - Parents evenings - further details and booking information will be sent out separately

**21.11.23** - School photographs

**08.12.23** - school closed for pupils (teacher training)

**19.12.23** - last day of term

**03.01.23** - children return to school in Reception to Year 6

As always, if you would like to ask any questions or have any concerns, please contact the school office and a member of the team will discuss this with you.

Many thanks for your continued support and I look forward to working with you this year

Rob Morley-Smith  
Headteacher

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### **Other Important Information**

#### **Telephone call recording system**

It is important to notify all parents that all incoming and outgoing calls from school are recorded as part of our telephone system. All information is held securely in line with our data protection policy

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#### **No products containing nuts in school please:**

Could we remind parents that we are a nut free school and that no products containing nuts should be sent in with children.

We do not allow children to eat chocolate spread sandwiches as part of their packed lunch

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#### **Bikes and Scooters around the site:**

Can I remind everyone that all bikes and scooters must be walked at all times when on the school site.

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#### **Naming Belongings**

Can I remind everyone that all clothing and equipment brought to school should be clearly labelled with the pupil's name. Without this it is very difficult for us to get the items back to the right person.

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#### **Medication**

Can I remind everyone that all medication must be brought to the school office where the relevant paperwork can be completed. Please do not send medication into school in pupil bags.

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#### **Dogs on the school site**

Can I remind everyone that dogs are not permitted on the school site before or after school under any circumstances.

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